

Activity Report 2022-23

The Nordic Eating Disorder Society (NEDS) has as its main object to serve as a forum for new contacts and exchange of experiences among eating disorder professionals in the Nordic countries in order to increase knowledge about and improve the treatment of eating disorders.

This objective is attained by (not in order of priority):

- Facilitating research in the field, especially research that implies co-operation among professionals in the field in the Nordic countries
- Facilitating co-operation among professionals working in a clinical context in the field in the Nordic countries
- Working to make existing and new knowledge in the field available to members of the Society
- Promoting contacts with corresponding organizations outside the Nordic countries

All members of the National societies in the NEDS are automatically members of the NEDS.

Board

A board consisting of an elected chairperson and representatives from the National societies executes the work of NEDS. The chairperson is elected for four years at the biannual general assembly and board members are elected by the National societies.

Board members 2022-23:

Rasmus Isomaa (elected chairman 2021-2024)

Pia Charpentier (Vice Chair, FI)

Jakobs Anna Danielsson (Treasurer, SW)

Inger Becker (DK)

Therese Fostervold Mathisen (NO)

Heida Guðmundsdóttir (Secretary, ISL)

Board meetings

The NEDS board had six meetings in 2022. Four were held online, one in Helsinki and one in Oslo. In 2023 the board had six ordinary meetings. Five were held online and one in Copenhagen. In addition, the board held one extraordinary constituent meeting to clarify tasks of the board members.

Economy

See the financial statements and the auditors reports. The financial result for 2022 was 121 170 SEK. The large surplus was due to surplus from the 2022 conference. The financial result for 2023 was - 48 843. The society's economy remains stable.

Nordic Conference

The 14th Nordic conference on eating disorders will take place in Copenhagen in September, 2024. During 2022-23 the NEDS board has been actively involved in the planning of the conference. The National society plans the theme of the conference and suggests key note speakers and activities according to the theme. The NEDS board discusses and decides the scientific program and speakers. NEDS is responsible for the scientific program. The NEDS board is responsible for handling the abstracts and appoints a scientific committee. The NEDS board decides on a maximum registration fee and the National society plans the conference budget and program according to the fee. The National society is responsible for all practical arrangements and information.

Nordic webinars

NEDS decided in 2022 to start arranging two Nordic webinars per year. The national societies should in turn arrange webinars in English. The societies can apply for funding (max 5000 SEK) from NEDS to be able to offer a free webinar. The Norwegian society started in spring 2023 with a webinar on *Access to ED-treatment; can we do better?* The Swedish society followed with a webinar in the fall of 2023 on *Interpersonal psychotherapy*.

Other activities

NEDS has continued its work as an umbrella organization for the National eating disorders societies in all Nordic countries. The board has actively been working on rules of procedure to ensure continuity and stability in NEDS. NEDS is represented in the Academy for eating disorders (AED), but the role of the Nordic chapter is currently being discussed.

Communication

NEDS communicates with its members indirectly via the national societies and directly via our website www.nedsconference.com.

Jakobstad, June 24, 2024

Rasmus Isomaa

Chair of the Nordic Eating Disorders Society