



The Neglected Diagnosis: Binge Eating Disorder

Marit Nilsen Albertsen (PhD candidate at Department of Global Public Health and Primary Care, University of Bergen. Therapist at Institute for Psychological Counselling (IPR). Regional Department for Eating disorders (RAS) Haukeland University Hospital), Målfrid Råheim (Department of Global Public Health and Primary Care, University of Bergen, Bergen), Frøydis Kristine Bruvik (Department of Global Public Health and Primary Care, University of Bergen, Norway), Beate-Christin Hope Kolltveit (Department of Health and Caring Sciences, Western Norway University of Applied Sciences, Bergen), Eli Natvik (The Centre for Health Research, District General Hospital of Førde, Førde, Norway and Department of Health and Caring Sciences, Western Norway University of Applied Sciences, Førde)

Abstract

OBJECTIVE: To improve healthcare services for patients before and after bariatric surgery.

METHOD: The research design is qualitative, following the Dialogue-model, which is a multistep process for user involvement and partnership building in setting research priorities. We interviewed 15 patients who have undergone bariatric surgery, 30 clinicians with different health professions, and 8 researchers from the field of obesity. A thematic analysis of interviews has been conducted, and themes will be further developed in dialogue with patients, clinicians, and researchers, for better adjusting healthcare services to users' needs.

RESULTS: The lack of healthcare service for patients with binge eating disorders, emerged from analysis as one of the main themes. This theme was markedly expressed in the interviews with patients, clinicians, and researchers. Our findings elaborate the suffering patients live with when not being treated for binge eating disorder, and how this influenced their weight before and after surgery. The struggle to deal with emotions was highlighted, and how this could lead to destructive ways to regulate them. The lack of collaboration between the field of eating disorders and the field of obesity was emphasized.

DISCUSSION: Patients who undergo bariatric surgery and have binge eating disorders need knowledge-based healthcare services. Our study suggests that there is a call to include more

psychological aspects, and a more systematic collaboration between the field of obesity and eating disorders. Further adjusted clinical research can improve healthcare services to be more attuned to the needs of these patients.

Topics: Treatment

For workshops only

No Answer Given

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