

Activity Report 2021

The Nordic Eating Disorder Society (NEDS) has as its main object to serve as a forum for new contacts and exchange of experiences among eating disorder professionals in the Nordic countries in order to increase knowledge about and improve the treatment of eating disorders.

This objective is attained by (not in order of priority):

- Facilitating research in the field, especially research that implies co-operation among professionals in the field in the Nordic countries
- Facilitating co-operation among professionals working in a clinical context in the field in the Nordic countries
- Working to make existing and new knowledge in the field available to members of the Society
- Promoting contacts with corresponding organizations outside the Nordic countries

All members of the National societies in the NEDS are automatically members of the NEDS.

Board

The work of NEDS is executed by a board consisting of an elected chairman and representatives from the National societies. The chairman is elected for four years at the biannual general assembly and board members are elected by the National societies.

Board members January 1st – December 31st 2021:

Rasmus Isomaa (elected chairman 2021-2024)

Pia Charpentier (Vice Chair, FI)

Jakobs Anna Danielsson (Treasurer, SW)

Inger Becker (DK)

Therese Fostervold Mathisen (NO)

Heida Guðmundsdóttir (Secretary, ISL)

Board meetings

The global COVID-19 pandemic that started in 2020 still had a large impact in 2021 on all activities of NEDS and its national societies.

During 2021 the board held five online meetings via the Zoom platform.

Economy

See treasurers report. Due to the COVID-19 pandemic NEDS had no major expenses during the year. The financial result was - 3680 SEK. The society's economy remains stable.

Nordic Congress in Oslo 2022

The 13th Nordic conference on eating disorders will take place in Oslo in September, 2022. During 2021 NEDS board has been actively involved in the planning of the conference.

Nordic webinar

NEDS arranged a free webinar in September on Longitudinal experiences and impact of the COVID-19 pandemic among people with past or current eating disorders. The webinar had 122 registered participants and the feedback from the webinar was positive.

Other activities

NEDS has continued its work as an umbrella organization for the National eating disorders societies in all Nordic countries. The board has actively been working on rules of procedure to ensure continuity and stability in NEDS. Nordic cooperation is supported through Nordic interest groups (NIGs; see below) and collaboration with for example the Nordic Association for a Society without Eating Disorders (NORSED). At the General assembly NEDS role in the Academy for eating disorders (AED) was discussed. The Nordic chapter in the Partners, Chapters and Affiliates Committee (PCAC) of the AED was reactivated.

Communication

NEDS communicates with its members indirectly via the national societies and directly via our own website www.neds.nu and our conference website www.nedsconference.com.

Nordic Interest Groups (NIG)

There are three active NIGs in NEDS: NIG-Sigma (Pregnancy and eating disorders), NIG-MFT (Multi Family Therapy for Eating Disorders), and NIG-Sports and exercise.

Jakobstad, April 25, 2022

Rasmus Isomaa

Chair of the Nordic Eating Disorders Society