

Activity Report 2018

The Nordic Eating Disorder Society (NEDS) has as its main object to serve as a forum for new contacts and exchange of experiences among eating disorder professionals in the Nordic countries in order to increase knowledge about and improve the treatment of eating disorders.

This objective is attained by (not in order of priority):

- Facilitating research in the field, especially research that implies co-operation among professionals in the field in the Nordic countries
- Facilitating co-operation among professionals working in a clinical context in the field in the Nordic countries
- Working to make existing and new knowledge in the field available to members of the Society
- Promoting contacts with corresponding organizations outside the Nordic countries

All members of the National societies in the NEDS are automatically members of the NEDS.

Board

The work of NEDS is executed by a board consisting of an elected chairman and representatives from the National societies. The chairman is elected for four years at the biannual general assembly and board members are elected by the National societies.

Board members January 1st – December 31st 2018:

Rasmus Isomaa (elected chairman 2016-2020)

Jorunn Sundgot Borgen (Vice Chair, NO)

Sanna-Aila Gustafsson (Treasurer, SW)

Inger Becker (Secretary, DK)

Pia Charpentier (FI)

Gudlaug Thorsteinsdottir (ISL)

Board meetings

During 2018 the board met twice. On April 16-17 in Stockholm and during the Nordic conference in September in Reykjavik. In addition to the regular meetings the board organized four telephone meetings on March 12, June 4, August 20 and November 12.

Economy

See treasurers report. During 2018 the board has continued discussing how to create a more sustainable economy for NEDS. At the moment NEDS only source of income is the biannual conference. Major expenses are travel and accommodation in adjunction to board meetings and support for NIGs. This discussion will continue during the coming years.

Nordic Congress in Reykjavik 2018 (Appendix 1)

The 12th Nordic conference on eating disorders took place in Reykjavik on September 12-14, 2018. The theme of the conference is Eating disorders versus healthy lifestyle. The conference was in many respects a success. The total number of participants was 251 and the economic result 3.811.573 ISK. The surplus was divided 50/50 between NEDS and the Icelandic society.

Other activities

NEDS has continued its work as an umbrella organization for the National eating disorders societies in all Nordic countries. The board has actively been working on rules of procedure to ensure continuity and stability in NEDS. Nordic cooperation is supported through Nordic interest groups (NIGs; see below) and collaboration with for example the Nordic Association for a Society without Eating Disorders (NORSED). Internationally NEDS is represented in the Academy for eating disorders (AED) via the chapter & affiliate committee (PCAC).

Communication

NEDS communicates with its members indirectly via the national societies and directly via our own website www.neds.nu. The web site includes basic information about NEDS and its organization, including NIGs. The site is updated with news from the board and information on relevant events.

Nordic Interest Groups (NIG; Appendices 2-4)

There are three active NIGs in NEDS: NIG-Sigma (Pregnancy and eating disorders), NIG-MFT (Multi Family Therapy for Eating Disorders), and NIG-Sports and exercise. Other NIGs are NIG-NUT (Nutritional rehabilitation), NIG-BED (Binge Eating Disorders), NIG-SEED (Severe and Enduring Eating Disorders) and NIG-WEB (Web-based strategies for intervention and prevention of eating disorders). The latter have not reported any activities during 2018. An annual report is requested from each NIG to get a better overview of their work.

NIGs have been able to apply for financial support for travel and accommodation expenses in relation to meetings. The support for NIGs will change in the direction of supporting seminars and lectures arranged by NIGs in order to create more value for all NEDS members and not merely the steering groups of the NIGs.

Copenhagen, February 20, 2019

Rasmus Isomaa

Chair of the Nordic Eating Disorders Society